

Timetable



	8-10 am	10-12 noon	12-2 pm	2-4 pm	4-6 pm	6-8 pm	8-10 pm
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							

The timetable is for guidance only and all classes are subject to change without notice. Please check <https://bookwhen.com/willowpilates> for precise booking times. If you don't see the session you'd prefer, please contact us as sessions may be available outside of publicised times by arrangement.